

DIRECTIVES

Host	De Gympies Keerbergen vzw member of the Royal Belgian Gymnastics Federation
POC	Ilse De Smedt Bakestraat 13a 3140 Keerbergen Belgium mobile +32 479 52 81 67 info@gympies.be - www.gymnovacup.eu
Date	11-12th of November 2022 (competition dates)
Venue	Sports Center Keerbergen Putsebaan 103 3140 Keerbergen Belgium
Apparatus Supplier	Gymnova
Competition Categories	<p>Seniors °2006 and older FIG</p> <p>Juniors: °2007, °2008, °2009 FIG Junior</p> <p>Youngsters: °2009, °2010, °2011 FIG Junior (°2009 can choose either Junior or Youngster)</p> <p>Finals: 8 best gymnasts per apparatus: 2 best Youngsters + 4 best Juniors + 4 best Seniors <i>max. 4 gymnasts per country per final and max. 2 gymnasts per country per category</i></p> <p>Team ranking Youngsters/Juniors: best Youngster + best Junior (per apparatus)</p> <p>Team ranking Youngsters/Juniors/Seniors: Best Youngster + best Junior/Senior result (per apparatus) <i>based on the results of 4 gymnasts:</i></p> <ul style="list-style-type: none"> • 2 Youngsters + 2 Juniors OR • 2 Seniors OR • 1 Junior + 1 Senior
Delegation Size	1 coach, 1 judge, max. 6 gymnasts (max. 2 per category)

Prize Money	+ 10.000 EUR
Schedule	<p><u>Thursday, 10th of Nov:</u> Arrivals & Podium Training Technical Meeting</p> <p><u>Friday, 11th of Nov:</u> Allround competitions Youngsters Allround competitions Juniors Allround competitions Seniors Including Team Ranking & qualification for the Finals</p> <p><u>Saturday, 12th of Nov:</u> 4 Apparatus Finals Final Banquet</p> <p><u>Sunday, 13th of Nov:</u> Departures</p>
Registration deadlines	<p><u>Deadline for application:</u> 15 July Application form must be sent to info@gympies.be</p> <p><u>Confirmation of registration</u> by the organisation: 15th of August</p> <p><u>Definitive registration/Payment:</u> 1st of September</p> <p><u>Nominative registration:</u> 15th of October 2022</p>
Confirmation of Registration by the organization	<p>Number of participants is limited!</p> <p>In case of too many applications, the organization reserves the right to refuse certain applications. As we prefer participation of as many different countries as possible, we might confine the number of participants per country.</p>
Registration Fee	<p>€ 100,- per delegation + € 25,- per delegation member (gymnast/coach/judge) € 300,- penalty for delegations without judge</p> <p><u>Entry Fee includes:</u></p> <ul style="list-style-type: none"> - all competitions - final banquet - transport between hotel Novotel/Bonten Os and competition hall - transport from and to Brussels Airport/railway station Mechelen <p>Hotel, meals, travel expenses (round trip) and medical costs & insurance are not included.</p> <p>!! No entry fee will be charged for delegations including at least one gymnast who has competed at a World Championship or Olympic Games.</p>

<p>Accommodation</p>	<p>The registration fee does NOT include accommodation costs. All hotel reservations will be made by the delegation.</p> <p><u>Hotel Novotel****</u> Van Beethovenstraat 1, 2800 Mechelen Website: www.novotel.com <u>The costs per room/night in this Hotel are as follows:</u> € 89,- per single room/night € 99,- per double room/night Breakfast and VAT (6%) included - City Tax excluded (€ 5,3 per room/night). These are negotiated rates, only valid for gymnasts, coaches and judges, and only valid for the first 10 single rooms and the first 40 double rooms. Reservations: h3154-re@accor.com for the attention of Catherine Pierre, indicating GGC 2022</p> <p><u>Hotel Bonten Os****</u> Rijmenamseweg 214, 2820 Rijmenam Website: www.bontenos.be <u>The costs per room/night in this Hotel are as follows:</u> € 85,- per single room/night € 98,- per double room/night Breakfast, VAT (6%) and Taxes included. Reservations: info@bontenos.be indicating GGC 2022</p> <p>We offer the possibility for gymnasts to stay in host families, free of any charge. Host families are related to our club. Delegation members will stay together at one family.</p>
<p>Insurance</p>	<p>The Organization will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p>
<p>Covid-19</p>	<p>We follow the medical guidelines of the FIG as well as the Belgian government. All participants, judges and officials are required to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings wherever necessary and keeping physical distance whenever possible.</p> <p>The specifics of the applied measures will be communicated one month before the event regarding to standard changes by health authorities in Belgium at the time of the event.</p> <p>Guidelines Belgian government: https://www.info-coronavirus.be/en/faq/</p>

PRIZE MONEY 2022

<p>Youngsters Ind. Allround °2009, °2010, °2011 Rules: FIG Junior</p>	<p>1° place € 500 2° place € 250 3° place € 125</p>
<p>Juniors Ind. Allround °2007, 2008, °2009 Rules: FIG Junior</p>	<p>1° place € 1.000 2° place € 500 3° place € 250</p>
<p>Senior Ind. Allround °2006 and older Rules: FIG</p>	<p>1° place € 1.500 2° place € 750 3° place € 375</p>
<p>Team ranking Youngsters/Juniors Rules: best Youngster + best Junior result (per apparatus)</p>	<p>1° place Gymnastics Equipment worth € 1.500</p>
<p>Team ranking Youngsters/Juniors/Seniors Rules: best Youngster result + best Junior/Senior result (per apparatus) Based on the results of 4 gymnasts: - 2 Youngsters + 2 Juniors OR - 2 Youngsters + Seniors OR - 2 Youngsters + 1 Junior + 1 Senior (names of the 4 gymnasts must be announced 1 day before competition)</p>	<p>1° place € 1.500</p>
<p>Final Vault Rules: FIG 2 best Youngsters + 4 best Juniors + 4 best Seniors max. 4 gymnasts per country per final max. 2 gymnasts per country per category</p>	<p>1° place € 400 2° place € 200 3° place € 100</p>
<p>Final Uneven Bars Rules: FIG 2 best Youngsters + 4 best Juniors + 4 best Seniors max. 4 gymnasts per country per final max. 2 gymnasts per country per category</p>	<p>1° place € 400 2° place € 200 3° place € 100</p>
<p>Final Beam Rules: FIG 2 best Youngsters + 4 best Juniors + 4 best Seniors max. 4 gymnasts per country per final max. 2 gymnasts per country per category</p>	<p>1° place € 400 2° place € 200 3° place € 100</p>
<p>Final Floor Rules: FIG 2 best Youngsters + 4 best Juniors + 4 best Seniors max. 4 gymnasts per country per final max. 2 gymnasts per country per category</p>	<p>1° place € 400 2° place € 200 3° place € 100</p>

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