

TIME TABLE

Friday 7 November 2025

PODIUM TRAINING & TECHNICAL MEETING

09:30 - 11:45 – PODIUM TRAINING SESSION 1

ARGENTINA	Circulo Gimnastico Norte
BELGIUM	De Gympies Keerbergen
CANADA	Flip City Gymnastics
CANADA	Federation Gymnastique Quebec
CANADA	Toronto Gymnastics International
EGYPT	Wadi Degla Club
INDIA	Gaudium sportopia
SWEDEN	Stockholm Top Gymnastics

11:45 - 14:00 – PODIUM TRAINING SESSION 2

AUSTRALIA	Australian Gymnastics Federation
BELGIUM	Belgian Gymnastics Federation
FINLAND	Espoon Telinetaiturit
LUXEMBOURG	Fédération de gymnastique de Luxembourg

14:00: bus shuttle from Competition Hall to Partner Hotels

14:00 - 16:15 – PODIUM TRAINING SESSION 3

BELGIUM	Gymnos Charleroi
SLOVAKIA	Slovakia Gymnastics Federation
SPAIN	Spanish Gymnastics Federation
THE NETHERLANDS	Topturnen Zuid
THE NETHERLANDS	De Hazenkamp Gymsports
UNITED KINGDOM	Hendon Gymnastics Club

17:00: bus shuttle from Partner Hotels to Competition Hall

16:15 – 18:30 – PODIUM TRAINING SESSION 4

FRANCE	Fédération Française de Gymnastique
ITALY	CAG Penisola Sorrentina
SPAIN	EGIBA
NORWAY	Norway Gymnastics Federation
SWISS	Swiss Gymnastics Federation

18:30: bus shuttle from Competition Hall to Partner Hotels

19:30: bus shuttle from Competition Hall to Partner Hotels

19:30-20:30: technical meeting (dining area)

21:00 – 22:00: bus & car shuttles from Competition Hall to Partner Hotels

**11:00 – 15:00
LUNCH BUFFET**

**17:00 – 19:30
DINNER**

TIME TABLE

Saturday 8 November 2025



07:30 bus shuttle from Partner Hotels to the Competition Hall

10:00 International competition Youngsters
08:30 - warm-up (competition hall)
09:00 - judges meeting (dining area)

11:10 bus shuttle from Partner Hotels to the Competition Hall

13:45 International competition Juniors
12:15 - warm-up (competition hall)

15:00 bus shuttle from Partner Hotels to the Competition Hall

17:45 International competition Seniors
16:00 - warm-up (competition hall)

11:00 – 14:00
LUNCH BUFFET

16:00-22:00
DINNER

Youngsters & Juniors
dinner
BEFORE ceremony

20:00 Medal ceremony for ALL gymnasts in leotard

21:15 bus shuttle (2) from Competition Hall to the Partner Hotels

22:00- ... car shuttle from Competition Hall to the Partner hotels

Seniors
dinner
AFTER ceremony

TIME TABLE

Sunday 9 November 2025

08:00 **National Youth Cup**
07:30 - judges meeting (dining area)

12:00 **bus shuttle (2) from Partner Hotels to the Competition Hall**

**11:30 – 14:00
LUNCH BUFFET**



**Priority
for finalists**

14:45 **International Final Vault & Bars**
14:00 – warm-up (competition hall)
14:00 – judges meeting (dining area)

16:00 **Medal ceremony Final Vault & Bars**

17u15 **International Final Beam & Floor**
16:30 - warm-up (competition hall)

19:10 **Medal ceremony Final Beam & Floor
Honouring Judges & Delegations**

19:30 **bus shuttle (2) from Competition Hall to Dinner & Dance**
No transportation to the hotels between finals and Dinner & Dance

19:30 **Dinner & Dance (closing banquet)**

22:30 **bus shuttle (2) from Dinner & Dance to the Partner Hotels**

00:00 **bus shuttle (1) from Dinner & Dance to the Partner Hotels**

till 02:00 **car shuttle from Dinner & Dance to the Partner Hotels**