

## DIRECTIVES

<b>Host</b>	<b>De Gympies Keerbergen vzw</b> member of the Royal Belgian Gymnastics Federation
<b>POC</b>	<b>Ilse De Smedt</b> Bakestraat 13a, 3140 Keerbergen, Belgium mobile +32 479 52 81 67 <a href="mailto:info@gympies.be">info@gympies.be</a> <a href="http://www.gympies.be/gymnovacup">www.gympies.be/gymnovacup</a>
<b>Date</b>	<b>11-12<sup>th</sup> of November 2023</b> (competition dates)
<b>Venue</b>	<b>Sports Center Keerbergen</b> Putsebaan 103 3140 Keerbergen Belgium
<b>Apparatus Supplier</b>	<b>Gymnova</b>
<b>Competition Categories</b>	<p><b>Seniors</b> °2007 and older FIG  <b>Juniors:</b> °2008, °2009, °2010 FIG Junior  <b>Youngsters:</b> °2010, °2011, °2012 FIG Junior  <i>(°2010 can choose either Junior or Youngster)</i></p> <p><b>Finals:</b>  10 best gymnasts per apparatus:  2 best Youngsters + 4 best Juniors + 4 best Seniors  <i>max. 4 gymnasts per country per final and max. 2 gymnasts per country per category</i></p> <p><b>Team ranking Youngsters/Juniors:</b>  best Youngster + best Junior (per apparatus)</p> <p><b>Team ranking Youngsters/Juniors/Seniors:</b>  best Youngster + best Junior + best Senior (per apparatus)</p>
<b>Delegation Size</b>	<b>1 coach, 1 judge, max. 6 gymnasts</b> (max. 2 per category)
<b>Prize Money</b>	<b>+ 10.000 EUR</b> See addendum for detailed information

<p><b>Schedule</b></p>	<p><u>Friday, 10<sup>th</sup> of Nov:</u> Arrivals &amp; Podium Training</p> <p><u>Saturday, 11<sup>th</sup> of Nov:</u> Allround competitions Youngsters Allround competitions Juniors Allround competitions Seniors Including Team Rankings &amp; qualification for the Finals</p> <p><u>Sunday, 12<sup>th</sup> of Nov:</u> 4 Apparatus Finals Final Banquet</p> <p><u>Monday, 13<sup>th</sup> of Nov:</u> Departures</p>
<p><b>Registration deadlines</b></p>	<p>1<sup>st</sup> of August: application through this <a href="#">link</a></p> <p>15<sup>th</sup> of August: confirmation of registration by the organisation</p> <p>1<sup>st</sup> of September: definitive registration</p> <p>15<sup>th</sup> of September: deadline for payment of the entry fee</p> <p>15<sup>th</sup> of October: nominative registration</p>
<p><b>Confirmation of Registration by the organization</b></p>	<p>Number of participants is limited!</p> <p>In case of too many applications, the organization reserves the right to refuse certain applications. As we prefer participation of as many different countries as possible, we might confine the number of participants per country.</p>
<p><b>Registration Fee</b></p>	<p>€ 100,- per delegation + € 25,- per delegation member (gymnast/coach/judge) € 300,- penalty for delegations without judge</p> <p><u>Entry Fee includes:</u></p> <ul style="list-style-type: none"> <li>- competitions</li> <li>- final banquet</li> <li>- transport between hotel Novotel and competition hall</li> <li>- transport between Brussels Airport/railway station Mechelen and hotel Novotel</li> </ul> <p><b><i>! In case of separate arrivals of members from 1 delegation, only one transportation per delegation will be offered by the organisation.</i></b></p> <p>Hotel, meals, travel expenses (round trip) and medical costs &amp; insurance are not included.</p> <p><b>!! No entry fee will be charged for delegations including at least one gymnast who has competed in a final of a World Championship or Olympic Games.</b></p>

<p><b>Accommodation</b></p>	<p>The registration fee does NOT include accommodation costs.  <b><i>Hotel reservations must be made by the delegation.</i></b></p> <p>-----</p> <p><b><u>Hotel Novotel****</u></b>  Van Beethovenstraat 1, 2800 Mechelen  Website: <a href="http://www.novotel.com">www.novotel.com</a>  Reservations: <a href="https://all.accor.com/hotel/3154/index.en.shtml">https://all.accor.com/hotel/3154/index.en.shtml</a></p> <p><b><i>Local transportation is offered by the organisation ONLY for reservations made via the reservation <a href="https://all.accor.com/hotel/3154/index.en.shtml">link</a></i></b></p> <p>-----</p> <p><b><u>Hotel Bonten Os****</u></b>  Rijmenamseweg 214, 2820 Rijmenam  Website: <a href="http://www.bontenos.be">www.bontenos.be</a> - <a href="mailto:info@bontenos.be">info@bontenos.be</a></p> <p><b><i>Local transportation is NOT covered by the organisation for guests of this hotel.</i></b></p> <p>-----</p> <p><b><u>Host families</u></b>  We offer the possibility for <u>gymnasts</u> to stay in host families, free of any charge. Host families are related to our club.</p>
<p><b>Insurance</b></p>	<p>The Organization will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p>
<p><b>Covid-19</b></p>	<p>We follow the medical guidelines of the FIG as well as the Belgian government.  Guidelines Belgian government: <a href="https://www.info-coronavirus.be/en/faq/">https://www.info-coronavirus.be/en/faq/</a></p>

## PRIZE MONEY 2023

**+ €10.000**

<b>Youngsters Ind. Allround</b> °2010, °2011, °2012 Rules: FIG Junior	1° place € 500 2° place € 250 3° place € 125
<b>Juniors Ind. Allround</b> °2008, 2009, °2010 Rules: FIG Junior	1° place € 1.000 2° place € 500 3° place € 250
<b>Senior Ind. Allround</b> °2007 and older Rules: FIG	1° place € 1.500 2° place € 750 3° place € 375
<b>Team ranking Youngsters/Juniors</b> Rules: best Youngster + best Junior result (per apparatus)	1° place Gymnova Equipment worth € 1.500
<b>Team ranking Youngsters/Juniors/Seniors</b> Rules: best Youngster + best Junior + best Senior result (per apparatus)	1° place € 1.500
<b>Final Vault</b> Rules: FIG 2 best Youngsters + 4 best Juniors + 4 best Seniors max. 4 gymnasts per country per final max. 2 gymnasts per country per category	1° place € 400 2° place € 200 3° place € 100
<b>Final Uneven Bars</b> Rules: FIG 2 best Youngsters + 4 best Juniors + 4 best Seniors max. 4 gymnasts per country per final max. 2 gymnasts per country per category	1° place € 400 2° place € 200 3° place € 100
<b>Final Beam</b> Rules: FIG 2 best Youngsters + 4 best Juniors + 4 best Seniors max. 4 gymnasts per country per final max. 2 gymnasts per country per category	1° place € 400 2° place € 200 3° place € 100
<b>Final Floor</b> Rules: FIG 2 best Youngsters + 4 best Juniors + 4 best Seniors max. 4 gymnasts per country per final max. 2 gymnasts per country per category	1° place € 400 2° place € 200 3° place € 100

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