

TIME TABLE

8 – 9 November 2025

Saturday 8 Nov

International Competition Youngsters (°2012-2013-2014)

08:30 warm-up

10:00 start competition

International Competition Juniors (°2010-2011)

12:15 warm-up

13:45 start competition

International Competition Seniors (°2009 and older)

16:00 warm-up

17:45 start competition

19:45 Tombola draw winning tickets

**20:00 Medal Ceremony Youngsters, Juniors and Seniors
Individual allround & Teamranking**

All gymnasts compete on 4 apparatus: vault, beam, uneven bars and floor.



Each competition concludes with an **Individual Allround ranking**, based on the sum of the scores achieved on the four apparatus.

The **Team ranking** is based on the sum of best Youngster result + best Junior result + best Senior result per apparatus.

Qualifications for the Finals per apparatus on Sunday:

Final Seniors: 6 best Senior results per apparatus

Final Youngsters/Juniors: 3 best Youngster + 4 best Junior results per apparatus

TIME TABLE

8 – 9 November 2025

Sunday 9 Nov

Youth Cup - Belgische jongerenwedstrijd

07:50 Start competitie Starters & Kids 1

10:00 Start competitie Kids 2 & Teens

12:40 Trekking winactie

12:45 Prijsuitreiking Youth Cup

Alle gymnasten krijgen 10 minuten opwarming, daarna start meteen de wedstrijd.

Er zijn vier leeftijdscategorieën:

Starters (°2019), **Kids 1** (°2018), **Kids 2** (°2017-2016) & **Teens** (°2015 en ouder)

Alle meisjes turnen in principe aan vier toestellen: sprong, brug, balk en grond.



Het totaal van de 4 scores aan deze toestellen bepaalt hun eindscore en de **individuele rangschikking per leeftijdscategorie.**

Naast de individuele rankings zijn er **twee teamrankings:**

Team Starters + Kids 1 (beste allround score Starters + beste allround score Kids 1)

Team Kids 2 + Teens (beste allround score Kids 2 + beste allround score Teens)

TIME TABLE

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Sunday 9 Nov

Final Vault and Uneven Bars



14:00 warm-up

14:45 start competition

First rotation: Seniors on Vault, Youngsters/Juniors on Bars

Second rotation: Seniors on Bars, Youngsters/Juniors on Vault

16:00 Medal Ceremony Final Vault and Uneven Bars
Honouring judges and delegations

19:45 Tombola draw winning tickets

Final Beam and Floor



16:30 warm-up

17:15 start competition

First rotation: Seniors on Beam, Youngsters/Juniors on Floor

Second rotation: Seniors on Floor, Youngsters/Juniors on Beam

18:30 Medal Ceremony Final Beam and Floor

Finals per apparatus:

on each apparatus, we will see the gymnasts with the highest scores on Saturday

2 rankings per apparatus

Seniors: 6 best Seniors per apparatus

Youngsters/Juniors = 3 best Youngsters + 4 best Juniors per apparatus

TWO HOT SEATS

One for the senior leading the ranking of the final at that moment and one for the youngster or junior leading the ranking of the final at that moment